

**VOORHEES TOWNSHIP PUBLIC  
SCHOOLS PRESENTS**

# **HELPING YOUR CHILD WITH BIG FEELINGS: EMOTIONAL WELLNESS AT SCHOOL AND AT HOME**

*by Lisa Ahern, PhD and Michael Gotlib, PsyD*



**MONDAY, MAY 6TH, 7 PM - 9 PM  
VOORHEES MIDDLE SCHOOL THEATER**

We're in the home stretch! Are you and your children feeling all the stress? Join us to learn strategies to manage the "big feelings" at home and about the new emotional wellness initiative in your child's school district.